

Eatery Menu - Week 1 - 9

Week#	Starter			Main	Alternative Main	Vegetarian Main	Dessert Options
1	Seafood Cocktail	Melon	Mushroom & Cheese Bruschetta:	Lasagne Chips & Salad	Ham Egg & Chips with Bread and Butter	Vegetarian Lasagne Chips & Salad	
2				Burger, toasted brioche bun, streaky bacon, cheddar, mayonnaise, tomato, gem lettuce & Chips	Ham Egg & Chips with Bread and Butter	Veggie Chilli Bean Burger & Chips	Individual Lemon Tart with Raspberries and Chantilly or Ice Cream or Cheese & Biscuits
3	Soup	Duck Spring Rolls	Melon	Traditional Roast Beef & Seasonal Vegetables	Ham Egg & Chips with Bread and Butter	Mushroom Risotto	
4				East end Pie mash and Liquor (gravy can be served if liquor is not to people's liking)	Scampi, Peas and Chips with Tartare Sauce and Slice of Lemon	Veggie quiche new potatoes and salad	Apple Pie and Custard, or Cheese and biscuits or Selection of ice cream
5	Fish cakes with sweet chilli sauce	Melon	Tomato & Onion Bruschetta	Breaded Fish, Chips & Peas	Ham Egg & Chips with Bread and Butter	Veggie Omelette & Tomato, Onion, Mushroom 'Pref'	
6				Gently spiced chicken curry, rice, onion bhajis, cashew & coriander yoghurt	Ham Egg & Chips with Bread and Butter	Vegetable curry, rice, onion bhajis, cashew & coriander yoghurt (V)	Steamed Jam Sponge and Custard or Selection of Ice Cream or Cheese & Biscuits
7	Kebabs and Sauce	Egg mayonnaise+ salad	Veggie spring rolls.	Pork chop, caramelised apple, spring onion & mature cheddar mash, seasonal vegetables	Scampi, Peas and Chips with Tartare Sauce and Slice of Lemon	Veggie Shepards Pie & Cheesy Mash	
8				Liver & Bacon Mash & Vegetables	Chilli Con Carne	Veggie Spaghetti Bolognaise	Apple pie and custard or Cheese and Biscuits or Selection of ice cream
9	Soup	Melon	Fish cakes with sweet chilli sauce	Bangers & Mash & Peas with Onion Gravy	Ham Egg & Chips with Bread and Butter	Veggie Sausages & Mash with Onion Gravy	